

Ms. Terry Kelly of BlissKids

Hi!



My name is Terry Kelly and I am the BlissKids yoga teacher leading the after school yoga program at Mastermind Montessori. I am a certified children's yoga teacher as well as an Early Childhood Education Consultant, registered with the College of Early Childhood Educators of Ontario. I have over 30 years' experience working with children and families in various capacities. I teach the Early Childhood Education at Seneca College in Toronto and am the co-chair of the Family Supports Institute of Ontario. I am also a certified anusara-inspired hatha yoga instructor, but my favourite is yoga for children and families! I have conducted many workshops and seminars for parents, caregivers, and educators in Canada, Japan, China, and Jamaica and am group leader with the NGO, Students Crossing Borders. I am

really excited to be part of the team at Mastermind Montessori!

For more information about BlissKids, visit www.blisskids.ca.

